



# Felstead Foot & Ear Care

**LACUNA  
METHOD®**  
FUNGAL NAIL TREATMENT

## SIMPLE EFFECTIVE TREATMENT FOR FUNGAL NAIL

### HOW DO I KNOW I HAVE FUNGAL NAILS?



You may have noticed changes in the texture, quality and colour of your nails. Sometimes it is noticed after nail varnish or gels have been removed. Typical first signs are a yellowing or brown discolouration, nails may become thick, crumbly or brittle. Nails can become distorted, misshapen and may lift from the nail bed losing their healthy shine

### HOW CAN LACUNA METHOD HELP ME

Fungal Nail Infection (Onychomycosis) Is the most difficult of the superficial fungal infections to treat, as most topical agents are ineffective at penetrating the nail plate to reach the active infection on the nail bed (the skin under the nail). By making micro holes in the nail plate with the innovative and specially designed micro burrs, your foot specialist can enable you to apply an anti-fungal agent, such as Lamisil Spray directly to the infected nail bed. Which will spread under the nail as you walk. With daily application of the antifungal agent, the fungus is stopped from spreading and the damaged nail grows out. As the nail is dead you cannot feel the holes being made.



#### NAIL FUNGUS SIGNS

- Crumbly or Brittle Nails
- Distorted in Shape or Lifting
- White, Yellow or Brown Coloured Nails
- Nails without a Healthy Shine

#### LACUNA METHOD FOR FUNGAL NAILS IS:-

- Making Micro holes in the nail plate allow an anti-fungal medicine to reach the point of infection directly under the nail
- Continued once a day application of an antifungal allows the nail to grow out healthy.